

# **CLAIRE NOLLE**

#### Osteopath

Bachelor clinical science Masters health science



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### **Claire Nolle**

Diamond Creek Victoria

Claire has been a dedicated AHPRA-registered Osteopath since 2005 and currently owns and operates Osteologic Healthcare in Diamond Creek. She takes a holistic approach to treating her clients, integrating mindfulness, nutrition, and exercise to help them manage pain and enhance their wellbeing. Claire also leverages her expertise in workstation ergonomics to prevent and treat injuries.

Outside of work, she enjoys relaxed walks with her two beloved dogs, Max and Nala, and spending time with her partner.

#### **CWHA** Testimonials

"Awesome Manual Handling Training session conducted at our workshop! The training was customised to suit our business and contained a good mix of theory/practical elements. Highly recommended. Thanks again."

"The inner-city business for whom I work as Office Administrator recently engaged CWHA to deliver "Sit Safe" training seminars and conduct ergonomic assessments for all our staff. It was a very worthwhile undertaking. The information imparted in the seminars was interesting and applicable. The individual desk checks were thorough and valuable, as was the subsequent comprehensive report."