

Corporate.Work.Health. Australia.



LAUREN BURRIDGE

Osteopath

Bachelor clinical science
Masters health science
(osteopathy)



Corporate Work Health Australia



1300 951 519



admin@corporateworkhealth.com



<https://corporateworkhealth.com.au>

Lauren Burridge
Warragul, Gippsland
Victoria

Dr. Lauren Burridge has been an AHPRA registered osteopath since 2017. She has been a valued member of the GSE Health team since graduating. She has a practical, patient centred approach to assessment and treatment providing her the skills to help prevent and manage injuries in range of settings including workplaces.

Lauren was born and raised in the local Gippsland area. On top of her osteopathy work at GSE Health she is involved in a number of local groups including assisting several sporting clubs in a professional and volunteer capacity.

When not at work Lauren is a keen photographer and loves travelling.

Lauren also works as an ergonomic consultant for Corporate Work Health Australia in the areas of ergonomics and health and wellbeing.

CWHA Testimonials

“Awesome Manual Handling Training session conducted at our workshop! The training was customised to suit our business and contained a good mix of theory/practical elements. Highly recommended. Thanks again.”

“The inner-city business for whom I work as Office Administrator recently engaged CWHA to deliver “Sit Safe” training seminars and conduct ergonomic assessments for all our staff. It was a very worthwhile undertaking. The information imparted in the seminars was interesting and

applicable. The individual desk checks were thorough and valuable, as was the subsequent comprehensive report.”

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