



ERGONOMICS IN THE WORKPLACE

Ergonomic Training Courses for the Company
(Train the Assessor in Office Ergonomics)

Corporate.Work.**Health.**
Australia.

Half day (basic) ergonomic train the assessor

Workstation setup, basic assessments & recommend ergonomic accessories >

Learning Outcomes:

- Setup new starters at their workstation
- Complete a basic ergonomic workstation assessment for taller workers and shorter workers
- Complete a basic ergonomic workstation assessment for workers who have concerns with their workstation
- Recommend a variety of common ergonomic accessories within the workplace

Course Details / Inclusions:

- 3.5 hours / half day
- All attendees will receive electronic copy of course notes, hard copy handouts of ergonomic assessment forms; and certificate of attendance
- Should your company currently have ergonomic assessment templates already in use, please let us know as we will be happy to adapt training to include these risk assessment forms within the training

Course Location:

Our CWAHA trainers will attend your workplace and conduct training onsite at your company so that attendees can be trained in their work environment and training can be tailored to specifically suit your company.

Investment:

Starting at \$945 + GST. Please call 1300 951 519 or email admin@corporateworkhealth.com for a quote.

Full day (advanced) ergonomic train the assessor

Workstation setup, office ergonomic assessments, recommend accessories, sit / stand desks & work from home assessments >

Learning Outcomes:

- Setup new starters at their workstation
- Complete a basic ergonomic workstation assessment for taller workers and shorter workers
- Complete a basic ergonomic workstation assessment for workers with concerns with their workstation
- Recommend a variety of common ergonomic accessories within the workplace
- Complete a basic ergonomic workstation assessment for workers with simple musculoskeletal complaints
- Complete a basic ergonomic workstation assessment for workers who may request / require a sit and stand desk
- Complete a basic home ergonomic workstation assessment for workers who work from home

Course Details / Inclusions:

- 7 hours / full day
- All attendees will receive electronic copy of course notes, hard copy handouts of ergonomic assessment forms; and certificate of attendance
- Should your company currently have ergonomic assessment templates already in use, please let us know as we will be happy to adapt training to include these risk assessment forms within the training

Course Location:

Our CWAHA trainers will attend your workplace and conduct training onsite at your company so that attendees can be trained in their work environment and training can be tailored to specifically suit your company.

Investment:

Starting at \$1695+GST. Please call 1300 951 519 or email admin@corporateworkhealth.com for a quote.

Advanced ergonomic train the assessor (combined online & face to face delivery)

Workstation setup, office ergonomic assessments, recommend accessories, sit / stand desks & work from home assessments >

This course has been designed as a hybrid 3.5 hours online + 3.5 hours face to face training session to equate to our full day (advanced) train the assessor.

Learning Outcomes:

- Setup new starters at their workstation
- Complete a basic ergonomic workstation assessment for taller workers and shorter workers
- Complete a basic ergonomic workstation assessment for workers with concerns with their workstation
- Recommend a variety of common ergonomic accessories within the workplace
- Complete a basic ergonomic workstation assessment for workers with simple musculoskeletal complaints
- Complete a basic ergonomic workstation assessment for workers who may request / require a sit and stand desk
- Complete a basic home ergonomic workstation assessment for workers who work from home

Course Details / Inclusions:

- 3.5 hours online learning (must be completed before face to face training)
- 3.5 hours face to face training
- All attendees will receive electronic copy of course notes, hard copy handouts of ergonomic assessment forms; and certificate of attendance
- Should your company currently have ergonomic assessment templates already in use, please let us know as we will be happy to adapt training to include these risk assessment forms within the training

Course Location:

Our CWAHA trainers will attend your workplace and conduct training onsite at your company so that attendees can be trained in their work environment and training can be tailored to specifically suit your company.

Investment:

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**Complete Injury Management for the Workplace:
Your Ergonomic & Manual Handling Specialist**

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