

Corporate.Work.Health. Australia.



Matt McCutcheon

Physiotherapist

Sydney, NSW Matt McCutcheon is a Sports and Exercise Physiotherapist with almost 20 years experience working in private practice. His practice is based in Sydney's CBD meaning the majority of his time is spent dealing with complex muscular and spinal injuries related to faulty work postures and behaviours often created from ergonomics issues.

Matt has completed countless post graduate courses on sports and musculoskeletal physiotherapy including ergonomics training. He insists upon ergonomics optimisation to be part of his treatment approach with all desk based work related injuries. He has witnessed consistently that integrating ergonomics into patient management provides his patient with superior outcomes.

As well as his work in private practice Matt is a clinical educator of Sports and Exercise Physiotherapy at ACU and has spent 7 years working in the AFL with the Sydney Swans as a Sports and Exercise Physiotherapist.

CWHA Testimonials

"Awesome Manual Handling Training session conducted at our workshop! The training was customised to suit our business and contained a good mix of theory/practical elements. Highly recommended. Thanks again."

"The inner-city business for whom I work as Office Administrator recently engaged CWHA to deliver "Sit Safe" training seminars and conduct ergonomic assessments for all our staff. It was a very worthwhile undertaking. The information imparted in the seminars was interesting and applicable. The individual desk checks were thorough and valuable, as was the subsequent comprehensive report."

"Reps of Corporate Work Health are great at customer service and their responses are prompt and quick. Very accommodating to clients needs and always going above and beyond to find a solution for me and to find a date and time of consultation. Highly recommend them to use for your Ergonomic work health assessments including work from home assessments."

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