



# ONSITE ERGONOMIC MANAGEMENT SERVICE

The Importance of Workplace Ergonomics

Corporate.Work.**Health.**  
Australia.

## Onsite Ergonomic Management Services

Corporate Work Health Australia have realised the importance of managing office related ergonomic hazards and risks for your workers and have put together a number of effective packages that will help manage these hazards and risks.

These packages will help you both educate workers in workstation ergonomics and how to prevent workplace strains and sprains; and provide consistent assessment services when required.

Our ultimate goal is to drive down organization costs associated with lost time from work, offsite treatments and medical appointments; whilst improving worker morale, productivity and company culture in relation to WHS/OHS.

### What are we Offering?

- Monthly provision of a registered health professional (Physiotherapist, Osteopath) within your workplace to complete all office workstation assessments
- Integration of our ergonomic consulting services into your organization's core strategies
- Regular and consistent management of all your workplace ergonomic hazards, risks and assessments.
- Long term ergonomic strategy discussion  
Customised reporting tailored to your organization

### What are the Benefits?

Our onsite ergonomic management service offers the following benefits:

- Early intervention of education and assessment for any ergonomic hazards or risks within your workplace
- Early consultation with health professional for your workforce for any aches and pains
- Education of your workforce on managing sedentary work risk factors
- Consistency in ergonomic assessments and reports
- Improved workforce morale and productivity
- Reduction in simple issues progressing to complex issues
- Reduction in worker presenteeism and absenteeism



### Find out More

To find out more call us on 1300 951 519 or email [admin@corporateworkhealth.com.au](mailto:admin@corporateworkhealth.com.au) for details.

## What Services Can Our Health Professional Consultants Offer?

### A. Ergonomic Assessments

- New starter desk setups
- Change of desk assessment
- Return to work assessments
- 10 minute ergonomic desk checks (setting workers up correctly and education focused)
- 15 minute 'preventative' workstation ergonomic assessment (setting up workers correctly and education focused with risk assessment form completed)
- 30 minute 'minor complaints' workstation ergonomic assessment (worker review & reporting)
- 'Standard' one-on-one workstation ergonomic assessment (worker review & reporting)
- One-on-One sit-stand workstation assessment (worker review & reporting)
- Follow-up ergonomic assessments
- Ergonomic equipment sourcing

### B. Ergonomic Training, Education & Workshops

- 'Sit-Safe' ergonomic & posture training workshop
- 'Sit-Stand' ergonomic & posture training workshop
- Stretching workshops
- Exercise workshops

### C. OHS Management, Corporate Strategy & Reporting

Our consultants can also play an integral role within your business regarding OHS/WHS Management of office ergonomic hazard and risk management. We can help with:

- Reporting on key hazards/risks within the workplace
- Reporting on preventative and reactive ergonomic risk assessments outcomes
- Sourcing and providing advice on ergonomic equipment and accessories
- Planning for future ergonomic changes within the organisation

## Package Options

Package Option	Monthly hours	Monthly Rate	Hourly Rate	Yearly Savings
Level 1	2	\$350 +GST	\$175 +GST	\$1080
Level 2	3.5	\$560 + GST	\$160 +GST	\$2520
Level 3	7	\$1015 + GST	\$145 +GST	\$6300

**Note:** Minimum 12 month contract required | Minimum 1 hour billing each site visit

## Our Most Popular Packages

Our clients have found a combination of the following services most beneficial:

- New starter setup + review of previous assessments completed + reporting on outcomes
- Small group ergonomic and posture training (15-30 minute education sessions) + desk sweeps/desk review + reporting on outcomes
- 15 minute educational/preventative individual consultations + 30 minute consultations for workers with musculoskeletal complaints + reporting on outcome.
- Review of storage and office manual handling processes + reporting on improvements.
- Design of ergonomic management strategies + sourcing new equipment
- Return to work planning and assessment of any injured workers
- Stretching, movement and physical activity workshops

# **Corporate.Work.Health. Australia.**

**1300 951 519**

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**Complete Injury Management for the Workplace:  
Your Ergonomic & Manual Handling Specialist**

**AUSTRALIA WIDE**